

Mayor Gerald D. Jennings
And the
City of Albany
Department of Recreation

~ Congratulates ~

ADAM CARTER

ON HIS PERFORMANCE AT THE

Cutting Edge Sports Powerlifting Championship

Saturday, January 26, 2008

Squat – 375 Lbs.

Bench – 255Lbs.

Deadlift – 430 Lbs.

Total Weight – 1,060 Lbs.

**Adam's Lifts are the best in NYS,
for his age and weight class**

GREAT JOB ADAM !!

**Gerald D. Jennings
Mayor**

**John J. D'Antonio
Commissioner**

