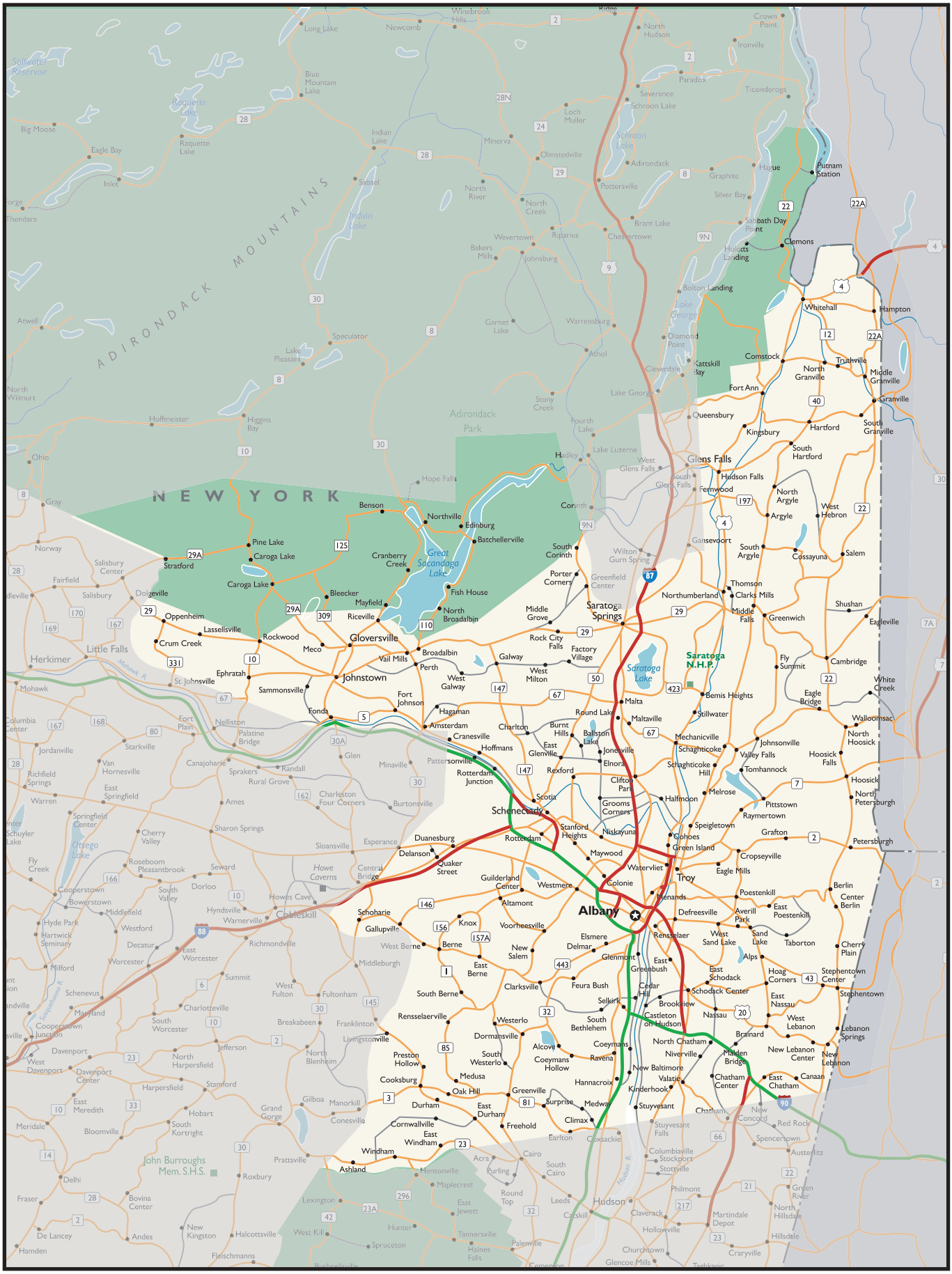Capital-Saratoga Region